ASUTOSH COLLEGE (Estd. 1916) 92, S.P. Mukherjee Road Kolkata – 700026



Phone: 2455-4504/2486-3912 Fax : (033) 2486-3006

Mail: mail@asutoshcollege.in Web: www.asutoshcollege.in

6.3.1 - The institution has effective welfare measures for teaching and non- teaching staff

(A) <u>Co-Operative Loan Issued During the Period from June, 2022 to July,</u> 2023

Teaching Staff

- 1. Dr. Tathagata Ray Chaudhuri
- 2. Smt. Jubin Yasmin
- 3. Sri Soumen Das
- 4. Dr. Arnab Kumar Ghoshal
- 5. Dr. Soma Halder
- 6. Dr. Chandrima Bhar
- 7. Dr. Utpal Kumar Barman
- 8. Sri Debabrata Chanda
- 9. Dr. Ramkrishna Das
- 10. Dr. Prithwis Kumar Mitra
- 11. Sri Ashim Sarkar
- 12. Dr. Paromita Choudhury
- 13. Dr. Subhadip Gupta
- 14. Sri Ashis Sahu
- 15. Smt. Rwiti Basu
- 16. Dr. Arpita Samanta
- 17. Dr. Ashis Kumar Das
- 18. Dr. Goutam Mahapatra
- 19. Dr. Bhaskar Mridha

Non-Teaching Staff

1. Sri Ajit Bhattacharjee

Thalassemia Awareness and Screening Program

Date: 9thNovember, 2022

Time: 9.30 am - 4.30 pm

Venue: Seminar Hall, Centenary Building, Asutosh College, Kolkata

Title of the event: Thalassemia Awareness and Screening Program

Name of the Department: Biochemistry

Organizing Committee: Department of Biochemistry & IQAC, Asutosh College & Nilratan

Sircar Medical College & Hospital (NRS), Kolkata

Summary of the event:

The Department of Biochemistry organized the one-day thalassemia awareness and screening program in coordination with NRS, Kolkata. The program was divided into two parts:(a) seminar lectures on thalassemia and (b) blood donation for thalassemia testing. The seminar lectures were delivered by Dr. Soumya Mukherjee, Consultant Hematologist and Hemato Oncologist, Ruby General Hospital and Dr. Tupan Kanti Dolai, Professor & Head, Hematology, NRS Medical College & Hospital, Kolkata.

The lectures focused on the description of causes of thalassemia, the global and national statistics of prevalence of the disease, the types of thalassemia, the signs and symptoms of the disease, the role of genetics towards the disease manifestation and the treatments. The main target of these two lectures was to aware the audience about the prevention of the disease.

The screening for thalassemia was done by a medical team of five members from NRS Medical College & Hospital, Kolkata. The participants were from the students from the different departments of Asutosh College, Kolkata. The reports will be generated within a month and will be delivered to the college authority.

Benefits/outcome of the initiative for the students:

The sole purpose of the conducting the Thalassemia Awareness and Screening Program in the Department of Biochemistry is toaware the students about the disease and encourage them to donate blood for their own thalassemia testing. Therefore, the two highly enchanting lectures enlightened the participants with facts about the disease and the importance of screening themselves for the disease. The students will also share the knowledge with others inside and outside the college which will help to develop a mass awareness in many parts of the society. This initiative also benefited the students to have their own testing for thalassemia at free of cost.











Regular health check-up of staff and weekly Yoga sessions









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Asutosh College Retired Teachers' Wellness and Well-being Committee

A distinctive feature of our institution in which we all take pride is *Sparsha* (Touch), the Asutosh College Retired Teachers' Wellness and Well-being Committee, a unit that began functioning under the aegis of the Tea Club in 2017. The Tea Club itself is a unique feature of the college. It was established in the late 1980s to facilitate informal interaction between substantive teachers over a cuppa and light refreshments in a relaxed atmosphere in the staffroom. Dr. Basanti Mukherjee of the Bengali Department took the initiative of setting up the Club that grew in strength over the years, and extended membership to all members of the teaching staff, irrespective of the nature of their teaching post. The Tea Club Annual gettogether, organized every year on 24 December (barring Sundays in which case the date is advanced by a day) is a much-awaited event in the institution's calendar. Former teachers, both retired or elsewhere employed, reunite with current teachers and the occasion is further enlivened by a cultural programme in which retired teachers also take part with enthusiasm. With the aim of reaching out to them, and providing that caring touch, the Tea Club constituted a unit – Asutosh College Retired Teachers' Wellness and Well-being Committee – in 2017. As part of its activities, a dedicated team from the unit maintains year-round contact with retired teachers, enquires after their needs, especially medical ones, and makes arrangements accordingly. Some of the initiatives launched in this regard are:

- Basic annual medical check-up
- Home delivery of essential medicines at a discounted rate
- Home delivery of essential supplies during the pandemic period



The Tea Club Annual get-together, organized on 23rd December 2022.

PRINCIPAL
ASUTOSH COLLEGE
92, S. P. MUKHERJEE ROAD
KOLKATA-700 026

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Signature of Principal